



TREATMENT MENU

BACK , NECK & SHOULDER MASSAGE

25 MINUTES

Relax muscles and ease tensions with our targeted massage.



EXPRESS FACIAL

25 MINUTES

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Treatment includes: Skin analysis with SkinVision™ lamp –double cleanse, exfoliation, personalised mask -scalp massage.



TENSION RELIEVING SCALP MASSAGE

25 MINUTES

Relieve tension in the shoulders, neck, and scalp with this targeted massage.



ESPA SOOTHING FOOT RITUAL

25 MINUTES

Refresh your feet with our soothing foot treatment. Treatment includes; A gentle exfoliation and foot massage.



ESPA DEEP MUSCLE MASSAGE

50 MINUTES

Restore movement with this intensely effective massage.



ESPA DEEP CLEANSING FACIAL

50 MINUTES

Deeply cleanse, hydrate and renew with this instant results facial. Includes: Skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, steam & extraction, facial massage, personalised mask, scalp massage.

