

## LEISURE MENBERSHIP CEUSION-SE & wellness

**SINGLE** 

£620

**ANNUALLY** 

12-MONTH CONTRACT -

£62

**COUPLES** 

£1,050

ANNUALLY

12-MONTH CONTRACT -DIRECT DEBIT

£105

**OFF-PEAK** 

£475

ANNUALLY

12-MONTH CONTRACT -DIRECT DEBIT

£47.50

**FAMILY MEMBERSHIPS AVAILABLE** 

**JOINING FEE APPLICABLE** 

## JOIN US NOW!

- C 01495 225590 [OPT.3]
- ✓ FUSION@BRYNMEADOWS.CO.UK
- WWW.BRYNMEADOWS.CO.UK

**FIND OUT MORE** 



## MEMBERS DISCOUNTS, INCLUDING:

10% Off in our **Blas Restaurant** 

Discount Off Golf Simulator Use

20% Off Hotel Bedrooms

10% Off Golf 'Pay As You Play'

10% Off ESPA **Beauty Products** 

10% Off Food and Drinks in Winners

Discounted **Facility Rates for** Guests

20% Off Fusion Spa Treatments

<b>CLASS</b>	TIM	ETA	RI E.	
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GLASS TIMETABLE:	
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MONDAY	9:00 - 9:45 10:30 - 11:00 18:00 - 18:45	Circuits [Gym] Aqua Aerobics [Poolside] Circuits [Barn]	
TUESDAY	9:00 - 9:45 18:00 - 18:45	Lower & Core [Gym] Aqua Aerobics [Poolside]	
WEDNESDAY	9:00 - 9:45 10:30 - 11:00 18:00 - 18:45	Circuits [Gym] Aqua Aerobics [Poolside] Bootcamp [Barn]	
THURSDAY	9:00 - 9:45 18:00 - 18:45	Kettlebells [Gym] Kettlebells [Barn]	
FRIDAY	9:00 - 9:45	Circuits [Gym]	
SATURDAY	9:00 - 9:45	HIIT [Gym]	
SUNDAY	9:00 - 9:45	Circuits [Gym]	