

Starters

Chef's Homemade Soup	£6.95
With Warm Freshly Baked Bread	
Garlic and Chilli King Prawns	£11.95
Sautéed King Prawns with Garlic and Chilli, Toasted Ciabatta	
Beetroot and Whipped Goat's Cheese	£6.95
Roasted Beetroot, Whipped Goat's Cheese and Toasted Walnuts, Honey and Mustard Dressing	
Wild Mushroom Arancini	£7.95
Black Truffle Aioli, Aged Parmesan and Garden Herbs	
Crispy Chicken Wings	£10.95
Hot Honey Glaze, Spring Onion and Toasted Sesame Seed	
Barbecued Pulled Pork Croquettes	£8.95
Smoked Cheese, Barbecue Glaze and Winter Slaw	
Free Range Scotch Egg	£8.95
Pork and Leek Sausage Meat, Panko Crumb and Mustard Aioli	
Blas Grazing Board	£13.95 for 1
Selection of Sliced Meats, Mini Mozzarella, Grapes, Olives, Selection of Crudites, Focaccia, Crackers and Dips	
	£25.95 for 2

Mains

Caesar Salad	£17.95
Lettuce, Ciabatta Croutons, Parmesan Shavings, Anchovy Fillets and Caesar Dressing	
Superfood Salad	£17.95
Roasted Beetroot, Butternut Squash, Tenderstem Broccoli, Kale, Baby Spinach, Mixed Leaves and Toasted Seeds	
Add Chargrilled Chicken Breast for £8.50	
Pan Seared Chicken Supreme	£24.95
Parmesan Gratin Potatoes, Tenderstem Broccoli, Honey Roasted Carrots, Roasted Shallots, Sage and Thyme Jus	
Pan Seared Sea Bass	£29.95
Sautéed Lemon New Potatoes, Samphire, White Wine and Herb Reduction	
Stuffed Pork Tenderloin	£28.95
With Pine Nut, Herbs and Leek, Fondant Potato, Seasonal Vegetables and Cider Jus	
Roasted Lamb Rump	£32.95
Garlic Mashed Potatoes, Honey Roasted Vegetables and a Rich Mint-infused Lamb Jus	

Blas Classics

Traditional Fish and Chips	£18.95
Garden Peas and a Homemade Tartar Sauce	
Welsh Faggots	£19.45
Creamy Mashed Potatoes, Seasonal Vegetables, Rich Red Wine Gravy and Crispy Onions	
Chefs Curry of the Day	£19.95
Coconut and Chilli Rice, Garlic Flat Bread and Mango Chutney	
Pancetta and Wild Mushroom Carbonara	£19.95
Parmesan, Cracked Black Pepper and Fresh Parsley	
French Trimmed Gammon Chop	£23.95
Triple Cooked Chips, Fried Egg and Garden Peas	
Chefs Pie of the Day	£19.95
Creamy Mashed Potatoes and Seasonal Vegetables	
Risotto:	
Wild Mushroom and Truffle	£19.95
Black Truffle and Aged Parmesan	
Butternut Squash	£18.95
Aged Parmesan and Chive Oil	

Off the Grill

10oz Sirloin Steak	£34.95
Confit Vine Tomatoes, Field Mushroom, Chunky Chips and Pea Shoots	
Blas Mixed Grill	£39.95
Beef Steak, Lamb Chop, Gammon Steak, Sausage, Fried Egg, Grilled Tomato, Grilled Mushrooms and Chunky Chips	
Smoked Paprika Chicken	£24.95
Winter Slaw and Skin on Fries	
Marinated Halloumi Skewer	£20.95
Fragrant Rice Salad and Sweet Chilli Glaze	
Chicken and Chorizo Skewer	£21.95
Peppers, Onions and Mushrooms, With a Mixed Salad, Skin on Fries and Piri-piri Sauce	

Sides

Pancetta Parmesan Fries	Peppercorn Sauce	Mixed Vegetables
Rosemary Salted Skin of Fries	Diane Sauce	Garlic Ciabatta
Sweet Potato Fries	Red Wine Jus	Maccaroni and Cheese
Chunky Chips	Bearnaise Sauce	Onion Rings

£5.25 per Item

Or

3 for £14.95

Please Note: A 10% discretionary Service Charge will be added to your bill

For and Allergens, please speak to a member of the team

Burgers

Chicken Club	£19.95
Triple Toasted Bloomer Bread with Bacon, Lettuce, Tomato and Mayonnaise	
Chicken Tikka	£17.95
Open Naan Bread with Baby Gem Lettuce, Pickled Red Onion and Mint Yoghurt	
Roots and Bean Burger	£17.95
Brioche Bun, Baby Gem Lettuce, Tomato, Crispy Onion and Chilli Jam	
Celtic Pride Beef Burger	£17.95
Brioche Bun, Baby Gem Lettuce, Tomato, Crispy Onions and Dijon Mayonnaise	
Fish Goujons	£17.95
Ciabatta Baguette, Baby Gem Lettuce and Homemade Tartar Sauce	
Ultimate Beef Burger	£21.95
Brioche Bun, Baby Gem Lettuce, Tomato, Pulled Pork, Crispy Onions, Sautéed Mushrooms and Barbecue Sauce	
Blas Chicken Burger	£21.95
Crispy Panko Chicken Breast, Tikka Aioli, Onion Bhaji, Mint Yoghurt, Baby Gem Lettuce, Skin on Fries and Winter Slaw	
Pulled Pork	£17.95
Ciabatta Baguette, Baby Gem Lettuce, Tomato, Crispy Onions and Barbecue Sauce	

All Burgers are served with Side Salad Garnish, Winter Slaw and Skin on Fries

Add a Fried Egg, Bacon or Cheese for £1.75 per Item

Desserts

Blackcurrant Sphere	£11.95
Vanilla Sponge, Blackcurrant Mousse with Mixed Berry Compote	
Black Meadows Gateau	£10.95
With Chocolate Shavings and a Cherry Gel	
Apple and Blackberry Crumble	£8.95
With Vanilla Crème Anglaise	
Chocolate Orange	£9.95
With Dark Chocolate and Orange Cream	
Welshcake and Honey Cheesecake	£9.95
Fresh Berry Compote	
Welsh Cheese Selection	£12.95
Artisan Crackers, Celery, Grapes and Red Onion Chutney	
Selection of Ice Creams and Sorbets	£6.50

Oven Baked Jacket Potatoes

Butter, Grated Mature Welsh Cheddar	£9.95
Butter, Baked Beans, Grated Mature Welsh Cheddar	£10.95
Butter, Tuna Crunch, Red Onion, Mayonnaise	£12.95
Butter, Bacon, Sautéed Onions, Sautéed Mushrooms, Grated Mature Welsh Cheddar	£13.95
Butter, Pulled Pork, Barbecue Sauce	£15.95

Sandwiches

Welsh Mature Cheddar Savory	£9.95
Tomato, Mozzarella and Pesto Ciabatta	£12.25
Roasted Ham and Mature Welsh Cheddar	£10.95
Roast Chicken and Bacon Mayonnaise	£13.95
Tuna Crunch, Red Onion Mayonnaise	£12.95

Jacket potatoes and sandwiches are served until 6 p.m. only.

Hot Beverages

Tea Selection	£3.25
Cappuccino	£4.10
Café Latte	£4.10
Single Espresso	£3.25
Double Espresso	£4.50
Mocha	£4.10
Hot Chocolate	£4.10
Americano	£3.90
Coffee Cream	£4.00
Flat White	£4.10

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