



ALL DAY MENU

Starters

Soup of the Day (V, VG, GF+) <i>Freshly Baked Bread</i>	£5.95
Bread & Olives (V, VG, GF+) <i>Sliced Artisan Breads, Olive Oil and Balsamic Vinegar</i>	£6.95
Epic Charcuterie Board <i>Served with Cured Meats, Cheese, mixed marinated Olives, Freshly Baked Bread, Dipping Olive Oil, and Balsamic Vinegar</i>	For one £8.95 For two £16.95
Sticky BBQ Chicken Wings <i>Served with Blue Cheese Sauce</i>	6 x Wings £6.50 12 x Wings £12.00
Crispy Poached Egg (V, GF+) <i>Served with Grilled Asparagus and Hollandaise Sauce</i>	£7.95
Grilled Mackerel (GF+) <i>Served with Pickled Beetroot and Horseradish Cream</i>	£7.95
Sautéed King Prawns <i>Served with Garlic and Lemon Butter Sauce</i>	£9.95

Taste of Wales

Lava Bread Cake <i>Served with Conwy Mussels, Cockles and Bacon Lardons</i>	£7.95
Glamorgan Sausage (V) <i>Served with Potato Cake and Welsh Rarebit</i>	£6.95

Main Course

Rump of Lamb (GF+) <i>Served with Fondant Potato, Pea Purée, Lamb Croquette and Red Wine Jus</i>	£24.95
Chicken Supreme Stuffed with Perl Wen Cheese (GF+) <i>Served with Potato Cake, Wilted Greens and Mushroom Sauce</i>	£19.95
Slow Cooked Pork Belly (GF+) <i>Served with Wholegrain Mustard Mash, Wilted Greens and Creamy Cider Sauce</i>	£21.95
Traditional Fish & Chips (GF+) <i>Beer Battered Cod served with Chunky Chips, Mushy Peas and Homemade Tartar Sauce</i>	£16.95
Cod Fillet (GF+) <i>Served with Saffron New Potatoes, Samphire and Lemon Butter Sauce</i>	£20.95

Salads, Pastas & Noodles

Blas House Salad (GF+) <i>Served with Chargrilled Chicken, Boiled Egg, Cheddar Cheese, Crispy Bacon, Red Onion, Tomato and House Dressing</i>	£16.95
Creamy Tomato Tagliatelle (V) Add Garlic and Chilli Prawns Chicken Breast for additional £6.00	£12.95
Stir Fry Noodles (V) <i>Served with Soya and Chilli Sauce</i> Add Garlic and Chilli Prawns Chicken Breast for additional £6.00	£12.95



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Off the Grill

Blas Burger (Beef / Minted Lamb) <i>Served with Lettuce, Red Onion, Tomato, Burger Relish in a Toasted Brioche Bun with Chunky Chips Add Bacon, Cheese, Fried Egg, £1 per item</i>	£16.95
10 OZ Gammon Steak with Fried Egg or Pineapple (GF+) <i>Served with Grilled Tomato, Mushroom and Chunky Chips</i>	£17.95
Chargrilled Lemon and Garlic Chicken Breast (GF+) <i>Served with Grilled Tomato, Wild Mushroom and Chunky Chips</i>	£18.95
Chargrilled 10 OZ Sirloin Steak (GF+) <i>Served with Grilled Tomato, Mushroom and Chunky Chips</i>	£28.95

Upgrade to Sweet Potato Fries - £1.50

Side Orders

Chunky Chips	£3.50	Homemade Coleslaw	£3.00
Sweet Potato Fries	£4.00	Dressed Mixed Salad	£3.50
Beer Battered Onion Rings	£3.50	Seasonal Vegetables	£3.50
Garlic Bread	£4.00	Peppercorn/ Diane Sauce	£3.50

Sandwich Options £8.50

All Served in a Baguette or Bloomer bread with a Salad Garnish and Real Crisps (GF+)

Upgrade to chips for £1.50

Cheese Savoury	£8.95	BBQ Pulled Pork Bap	£15.95
Tuna Mayonnaise	£8.95	Blas Club Sandwich	£13.95
Ham Salad	£8.95	Toasted BLT	£9.95

Desserts

Chocolate Tart <i>Served with Salted Caramel Sauce and Vanilla Ice Cream</i>	£6.95
Selection of Ice Cream and Sorbets (V) <i>Please ask for today's flavours</i>	£5.95
Baked Biscoff Cheesecake (V) <i>Served with Fruit Coulis and Chantilly Cream</i>	£6.95
Tropical Fruit Pavlova (V) <i>Served with Chantilly Cream</i>	£6.95
Rhubarb Fool (V) <i>Served with Toasted Oats</i>	£6.95
Fruit and Ice Cream Sundae (V)	£6.95
Selection of Welsh Cheeses <i>Served with Grapes, Chutney, Celery and Crackers</i>	£9.95

Hot Drinks

Tea Selection	£2.25	Double Espresso	£3.25
Cappuccino	£3.25	Mocha	£3.25
Café Latte	£3.25	Flat White	£3.25
Americano	£3.05	Hot Chocolate	£3.25
Coffee Cream	£3.25	Single Espresso	£2.95