



## **Light Lunch (2 Course) included in Calm Spa Day Package**

### **Soup of the Day with a Rustic filled Baguette:**

- Ham Salad, Dijon Mustard Mayonnaise
- Mature Cheddar and Red Onion Marmalade (v)
- Tuna Mayonnaise and Sweetcorn
- Coronation Chicken, red onion and coriander

### **Selection of Antipasti**

#### **Sharing platter for 2**

Continental meat selection  
Olives, Balsamic Vinegar and Olive Oil  
Continental Cheese  
Hummus and Dukkah  
Freshly baked breads and flat breads

### **Vegan Tabouleh Super Salad (Ve)**

Quinoa, Super seeds, Fresh Mint, Tomato, Fresh Parsley, Cucumber and Red Onion with Lemon dressing.

### **Meadows Salad (v)**

Crumbled goat's Cheese, fresh dressed mixed Salad leaves, Beetroot, Balsamic Syrup

### **Grilled Chicken Cobb Salad**

Chicken, Lettuce, Tomatoes, Bacon, Onion with Blue Cheese dressing

### **DESSERT (Additional charge)**

#### **Dark Chocolate Delice**

Halen Mon Salted Peanut Ice Cream, Caramel Sauce

#### **Roasted Pineapple (Ve)**

Chilli and Lime syrup, Coconut Sorbet

#### **Classic Crème Brulee**

Bara Brith Soldiers

#### **Watermelon and Fresh Mint Salad (Ve)**

Ginger syrup

*Please note all menu items are subject to change, please advise at time of booking any dietary requirements.*