

Blos

at Bryn Meadows

All Day Menu

Served
Monday to Saturday 12pm – 9pm
Sunday 4pm – 9pm

Please note this menu is only available in the Bar after 6pm.

Blas

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Starters & Light Bites

Soup of the Day (V) Served with Fresh Baked Bread	£5.50
Antipasti Platter for 2 to share Selection of Cured Meats Olives, Balsamic Syrup and Olive Oil Snowdonia black Bomber Welsh Cheese Hummus and Dukkah Freshly Baked Breads and Flat Breads	£14.00
Classic Welsh Rarebit (V) Onion Loaf toasted with our own Rarebit	£6.00
Blas Salmon and Spring Onion Fishcakes Lemon Mayonnaise and Caper Salad	£8.50
Chicken Wings 6 or 12 Choose either Buffalo Sauce with a Blue Cheese Dip Or House Rub and a BBQ Dip	£6.00/£10.50

Salads

Grilled Chicken Cobb Salad Chicken, Lettuce, Tomato, Crispy Bacon, Onion and Blue Cheese	£12.00
Meadows Salad Crumbled Goats Cheese, Fresh Dressed Mixed Leaves Beetroot and Balsamic Dressing	£11.00
Vegan Tabouleh Super Salad Quinoa, Super Seeds, Fresh Mint, Tomato, Fresh Parsley Cucumber, Red Onion and Lemon Dressing	£12.00

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Main Course

Beer Battered Cod Chips, Peas and Chunky Tartare Sauce	£13.00
Teriyaki Salmon Fillet Oriental Vegetables, Egg Noodles, Sesame and Honey Dressing	£14.00
Blas Burger 8oz Beef Patty, Cheddar, Relish, onion Rings and Chips	£16.50
Locally Sourced Faggots Mashed Potato, Pea Puree and Caramelized Onion Gravy	£14.00
8oz Gammon Steak Pineapple, Fried Egg, chips and Peas	£13.00
Spaghetti Alla Puttanesca (Ve) Tomato, Fresh Oregano and Basil, Olives and Capers	£12.00
Locally Sourced Pork and Leek Sausages Mashed Potato and Caramelized Onion Gravy	£13.00
10oz Welsh Rib Eye Steak Field Mushroom, Plum Tomato, Charred Red Onion, Watercress and Chunky Chips	£27.00

Side Orders

Chunky Chips	£3.50	Dressed Mixed Salad	£3.00
Seasonal Vegetables	£3.50	Beer Battered Onion Rings	£3.50
Peppercorn Sauce	£3.00	Béarnaise Sauce	£3.00

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Sandwich Selection

£8.50

Served on a Rustic Baguette, White Bloomer or Malted Brown Bloomer
With Real Crisps (Upgrade to Chips for £1.00)

Ham Salad with Dijon Mustard Mayonnaise
Mature Cheddar and Red Onion Marmalade (V)
Coronation Chicken with Red Onion and Coriander

Open Sandwich Selection

£9.50

Served Warm with Chips

Tandoori Chicken Naan
Minted Yoghurt, Red Onion and Coriander

Goats Cheese and Red Onion Marmalade (V)
Dressed Rocket

Desserts

Classic Crème Brûlée
Bara Brith Soldiers

£6.00

Dark Chocolate Delice
Halen Môn Salted Peanut Ice Cream

£6.00

Roasted Pineapple (Ve)
Chilli and Lime Syrup with Coconut Sorbet

£5.00

Selection of Ice Creams

£5.00

Selection of Welsh Cheese and Crackers
Grapes, Welsh Chutney and Bara Brith

£9.50